**All Meals include a choice of 1% milk or fat free chocolate

MAY 2023

Cashmere High School

Daily choices of fruits and Vegetables **All grains are at least 51% whole grain**

Friday Monday Tuesday Wednesday Thursday 5 **Brunch For Lunch **Ravioli **Bean & Cheese Burrito **Chicken Burger **Chicken Nuggets (Pancakes, Sausages, Omelet) Cheesy Garlic Bread **Corn Dog WG Roll **Ham & Cheese Melt **Pepperoni Pizza **Meatball Sub **Baked Beans** **Turkey & Cheese Sub Strawberry Cups 8 10 12 Ham & Cheese Melt **Hamburger **Chicken Nuggets **Chicken Burger **Breaded Pizza Sticks Turkey & Cheese Sub French Fries **Teriyaki Beef Dippers **Cheese Quesadilla **BBQ Beef Sandwich WG Chips **Pulled Pork Sandwich WG Roll Marinara Sauce Ice Cream Late Start 19 15 17 18 **Teriyaki Beef Dippers **Homemade Chicken Alfredo **Homemade Pepperoni Pizza **Burrito with Chips & Cheese **Brunch For Lunch with Rice W/G Roll **Corn Dog with Chips & Cheese **Chicken Burger (Pancakes, Sausages & Omelet) **Egg Roll with Rice **Chicken Nuggets Corn **Cheese Quesadilla Fortune Cookie W/G Roll 22 23 24 25 26 **Hamburger with French Fries **Homemade Chicken Teriyaki **Breaded Pizza Sticks Ham & Cheese Melt **Brunch For Lunch **Chicken Nuggets Turkey & Cheese Sub **Egg Roll (Pancakes, Sausages & Omelet) **Fish Sticks with French Fries WG Roll Rice **Pepperoni Pizza WG Chips 30 31 Memoria **Hamburger **Homemade Spaghetti with Cheesy garlic bread **Pulled Pork Sandwich **Meathall Sub French Fries